Model-View-Controller (MVC)

Model Objects contain data and data specific logic
View Objects know how to display and potentially edit data (Model Objects)
Controller Objects handle user input logic, act as an intermediary between View and Model Objects

Delegate / Data Source

Delegates act on behalf of other objects
Data Sources are similar to Delegates, but provide data to other objects instead of logic
Target / Action

- Frequently used in user interfaces
- Ties a particular event to a target and action

Documentation

- “Model-View-Controller”
- “Delegates and Data Sources”
- “Target-Action”
- “Adopting Cocoa Design Patterns”
- “Concepts in Objective-C Programming”